

Schedule

Intro to Play Therapy

9:00-9:10 Introduction and Sticker Activity

9:10-9:40 History

9:40-10:00 Setting Up a Play Room

10:00-10:20 Needs Activity

10:20-10:45 Child Centered Play Therapy

10:45-12:00 Child Centered Play Skills

12:00-1:00 Lunch

1:00-2:00 Practicum

2:00-2:15 Practicum Skills Debrief

2:15-2:30 Seminal Theories

2:30-2:40 Cognitive Behavioral Play Therapy- Theory

2:40-2:50 Cognitive Behavioral Play Therapy- Techniques

2:50-3:05 CBPT Activity

3:05-3:30 Adlerian Play Therapy- Theory

3:30-3:45 Adlerian Play Therapy- Techniques and Practice

3:45-4:00 Special Considerations and Closing