

Using Canva to Engage Children and Adolescents in Play Therapy

Schedule

9:00-9:45am Theories for Implication of Practices

- Schaefer's Therapeutic Powers of Play
- Client Centered Play Therapy
 - Instructor will provide brief overview of theory
 - Instructor will share examples
- Adlerian Interventions
 - Instructor will provide brief overview of theory
 - Instructor will share examples
- Special Interventions
 - CBT
 - Mindfulness
 - Games

9:45-10:30am Basic Use of Canva

- Instructor will discuss the tools for use of Canva
- Instructor will demonstrate use

10:30-11:30am Creating Your Own Resource

- Participants will work on creating their own resources for their clients
- Instructor will provide templates for easy use, if needed.

11:30-11:40am Break

11:40-12:10pm Breakouts: Small Groups

- Participants will present their creations and discuss how the intervention will be used in sessions.
- Participants will verbally process their own piece with their partner/group
- Participants will practice sharing their resources with teach other (collaboration, template links, etc.)

12:10-1:00pm Large Group Instruction

- Instructor will discuss the following:
 - Appropriate populations for Canva
 - How to incorporate Canva with telehealth
 - Obtaining Consent and Confidentiality
- Evaluation